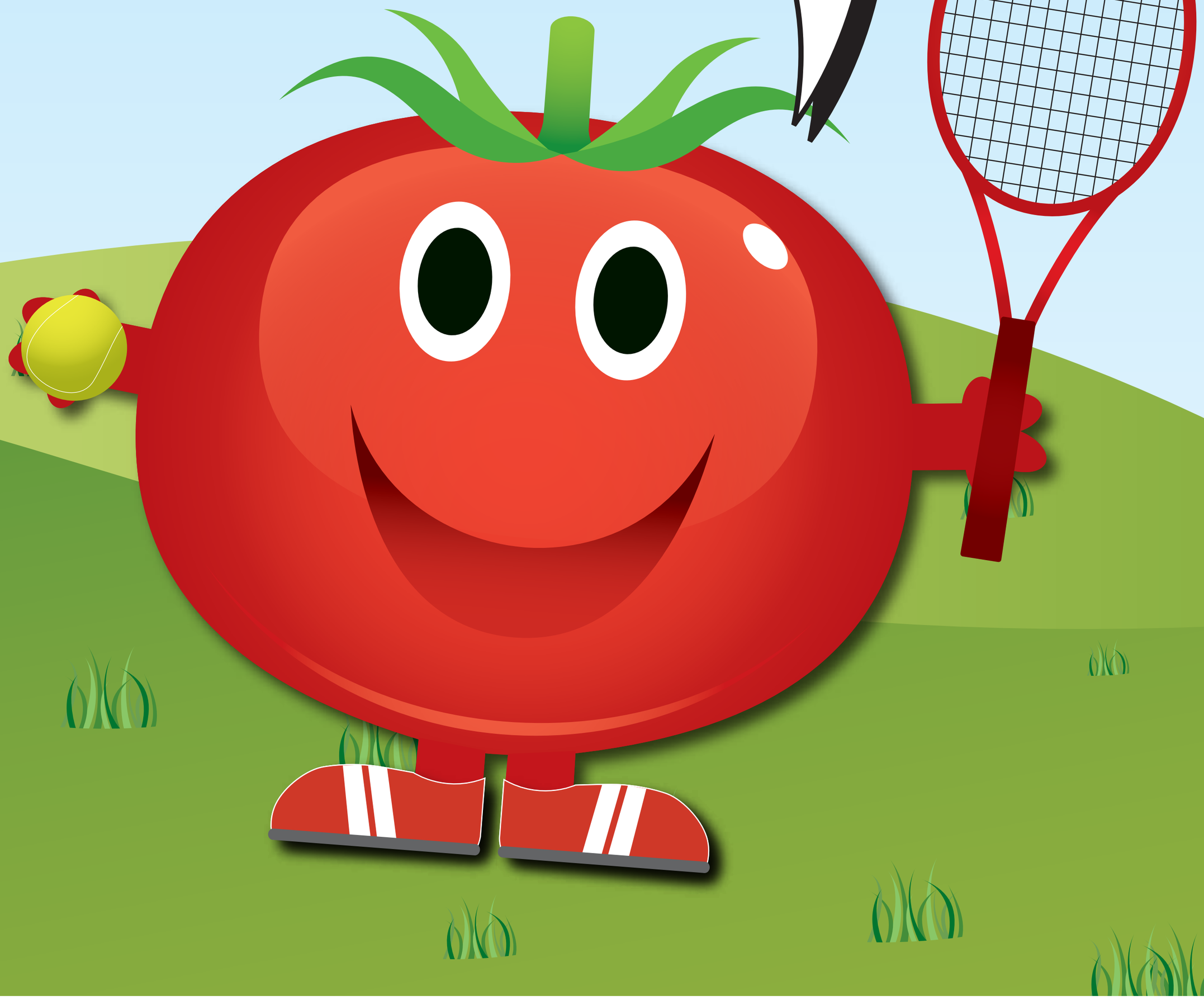
munch & move®

Turn off the TV & computer and get active



For more information about *Munch and Move* visit the Healthy Kids website **www.healthykids.nsw.gov.au**

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