
NETTA NETBALL

This is a variation of Netball suitable for players up to 10 years of age. Usual rules of Netball apply except for these variations:

1. The goal ring is lowered to 2.4m and a size 4 or 5 ball is used.
 2. Teams consist of 6 players who take the court in identifiable positions with one WA/WD combination omitted.
 3. The ball can be held for 6 seconds before passing to another player.
 4. Player should be rotated regularly through all positions to develop a range of skills
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